

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie & Served with Gravy	Beef Bolognese № Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips		
	Stir Fried Vegetable Rice	Vegetarian Burger Served with Potato Wedges	Vegetable Pastry Roll © Served with Mashed Potato and Gravy	Vegetarian Bolognese ♥ ♥ ♥ Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips		
	Tomato Pasta	Jacket Potatoes ♥♥ ▷ with a choice of hot and cold fillings, including Salmon Mayonnaise	Tomato Pasta	Jacket Potatoes ♥ with a choice of hot and cold fillings	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta		
All main meals are served with two vegetables							
DESSERT	Chocolate Sponge with Chocolate Custard	Raspberry Yoghurt Cake with Fruit	Carrot, Orange and Sultana Slice 🐞	Original Flapjack	Vanilla Ice Cream		



Water, salad, freshly baked bread, yoghurt & fresh fruit







WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

Vegetarian 🐎 Oily Fish 😻 Wholegrain

Truity! W Nutritionist's Choice

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Ŋ	Cheese and Tomato Pizza	Sweet and Sour Chicken ** ** Served with Wholegrain Rice	Roast Turkey ॐ Served with Roast Potatoes and Gravy	Sausage Pasta Bake * Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips	
HOT SPECIALS	Sweet Potato Curry Served with Wholegrain Rice	Macaroni Cheese 💿	West African Vegetable Rice ⊘ <i></i>	Vegetarian Sausage Pasta Bake * Served with Garlic and Herb Bread	Crispy Quorn Nuggets ⊙ Served with Chips	
	Tomato Pasta ♥ ♥ Fresh, homemade tomato and basil sauce with penne pasta	Jacket Potatoes ♥ with a choice of hot and cold fillings, including Salmon Mayonnaise	Tomato Pasta	Jacket Potatoes №0 > with a choice of hot and cold fillings	Tomato Pasta 	
	All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🖔	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 👸	Strawberry Ice Cream	

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit



WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT SPECIALS	Ŋ	Cheese and Tomato Pizza	Cottage Pie Served with Gravy	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma ** * Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips	
	HOT SPECIAL	Chilli No Carne with Crispy Tortilla	Cauliflower Macaroni Cheese	Sweet Potato and Chickpea Roast © Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables Served with Wholegrain Rice	Crispy Quorn Nuggets Served with Chips	
		Tomato Pasta	Jacket Potatoes ♥♥ with a choice of hot and cold fillings, including Salmon Mayonnaise	Tomato Pasta ⊚ Fresh, homemade tomato and basil sauce with penne pasta	Jacket Potatoes ॐ with a choice of hot and cold filling	Tomato Pasta 	
		All main meals are served with two vegetables					
	DESSERT	Vanilla Sponge with Custard	Orange Shortbread with Fruit 🐞	Orange Drizzle with Fruit 🐞	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit	

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

