AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES – OPTION 1	Cheese and Tomato Pizza with Pesto Pasta (V)	Jerk Chicken with Rice and Peas	Roast Chicken with Roast Potatoes and Gravy	Lasagne with a Garlic Doughball	Southern Fried Chicken with Chips
HOT DISHES – OPTION 2	Creamy Garlic Pasta (V)	Bean and Cheese Pastry Turnover with Herby Diced Potatoes (V)	Sweet Potato and Chickpea Roast with Gravy	Yellow Vegetable Curry with Wholegrain Rice (VE)	Quorn Dippers with Chips (VE)
HOT DISHES – OPTION 3	Jacket Potato with a choice of toppings (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Jacket Potato with a choice of toppings (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Jacket Potato with a choice of toppings (V)
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI – OPTION 4	Cheese and Tomato Panini (V)	Tuna and Cheese Panini Melt	Roast Chicken Pitta Pocket	Cheese and Tomato Toastie	Tuna and Cheese Panini Melt
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Yoghurt and Fruit	Chocolate Crunch	Apple Crumble with Custard	Chocolate Marble Cake	Flapjack

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES – OPTION 1	Cheese and Tomato Pizza with Pesto Pasta (V) (Wholegrain)	Beef Burger with Potato Wedges	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy	Katsu Chicken with Wholegrain Rice (Wholegrain)	Fish Fingers with Chips
HOT DISHES – OPTION 2	Chinese Vegetable Rice (V)	Beany Vegetable Burger with Potato Wedges (V) (Nutritionist's Choice)	Roast BBQ Quorn with Mashed Potato, Yorkshire Pudding and Gravy (V)	Vegetable Korma with Wholegrain Rice (VE) (Wholegrain) (Nutritionist's Choice)	Quorn Dippers with Chips (VE)
HOT DISHES – OPTION 3	Jacket Potato with a choice of toppings (V) (Oily Fish)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Jacket Potato with a choice of toppings (V) (Oily Fish)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Jacket Potato with a choice of toppings (V) (Oily Fish)
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI – OPTION 4	Cheese Panini (V)	Tuna and Cheese Panini Melt	Roast Chicken Pitta Pocket	Cheese and Tomato Panini (V)	Cheese Panini (V)
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Yoghurt and Fruit (Fruity!) (Nutritionist's Choice)	Lemon Drizzle Cake	Apple and Berry Crumble with Custard (Fruity!) (Nutritionist's Choice)	Chocolate Fudge Cake	Chocolate Cookie (VE)

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

AVAILABLE DAILY

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WEEK 1
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WEEK 3

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Cheese and Tomato Pizza with Pesto Pasta (V)	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy	Beef Bolognese with Wholewheat Pasta	Fish Fingers with Chips
HOT DISHES — OPTION 2	Beany Chilli with Baked Nachos with Wholegrain Rice (VE)	Chinese Vegetable Noodles (V)	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy (V)	Macaroni Cheese (V)	Veggie Fingers with Chips (VE)
HOT DISHES — OPTION 3	Jacket Potato with a choice of toppings (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Jacket Potato with a choice of toppings (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Jacket Potato with a choice of toppings (V)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI — OPTION 4	Cheese Panini (V)	Cheese and Tomato Panini (V)	Roast Chicken Pitta Pocket	Cheese Panini (V)	Cheese and Tomato Panini (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Yoghurt and Fruit	Berry Blondie	Banoffee Pie	Chocolate Sponge with Chocolate Custard	Peach Melba

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

AVAILABLE DAILY

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